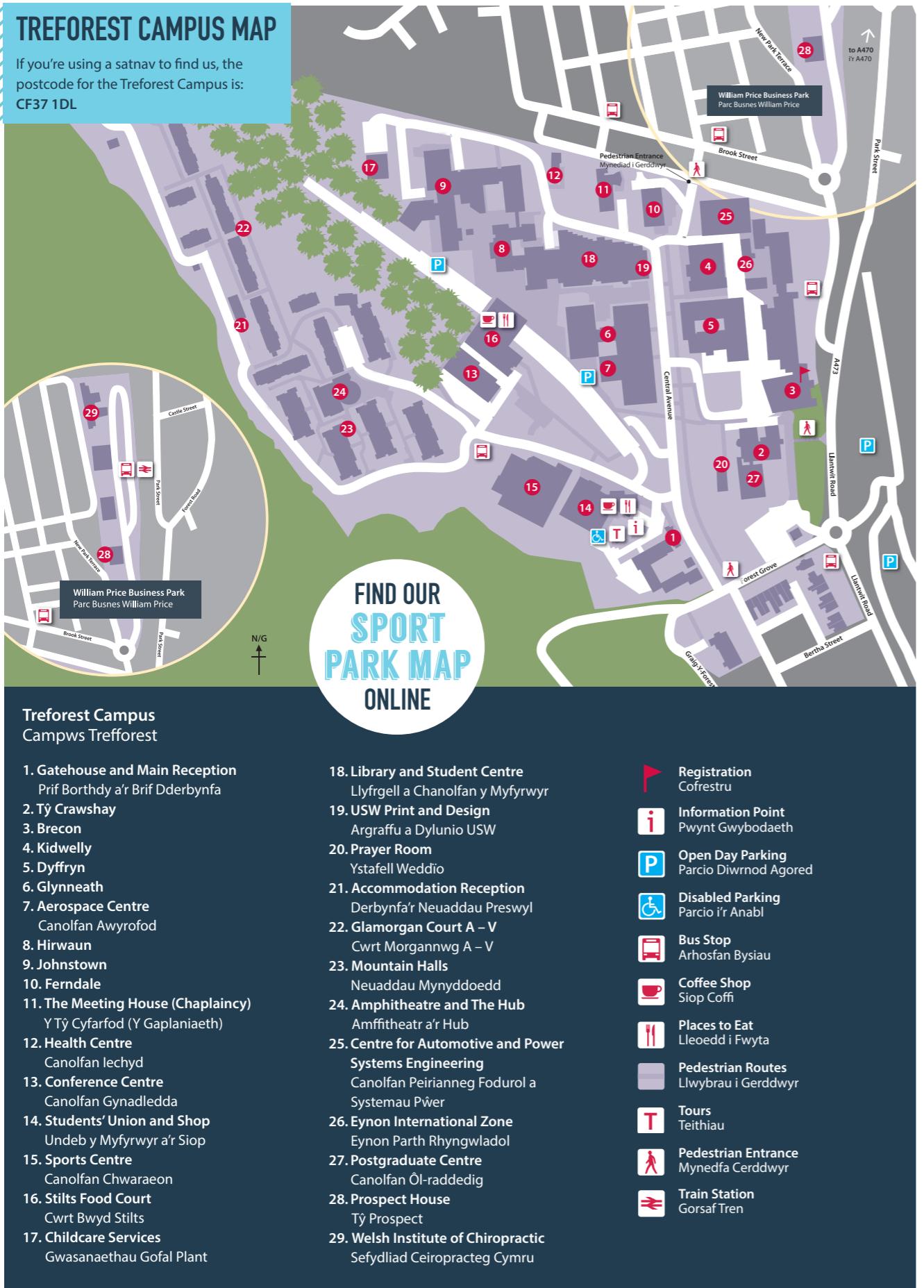


## TREFOREST CAMPUS MAP

If you're using a satnav to find us, the postcode for the Treforest Campus is:  
CF37 1DL



Map Design © Gill Advertising

Information in this programme is correct at the time of print, but may be subject to change. For the most up-to-date information, call 03455 76 77 78 or check our website: [www.southwales.ac.uk](http://www.southwales.ac.uk). As part of its commitment to the Welsh language, the University provides information through the medium of Welsh. To find out more, visit [www.decymru.ac.uk](http://www.decymru.ac.uk) or e-mail [cymraeg@decymru.ac.uk](mailto:cymraeg@decymru.ac.uk).

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# YOUR WORLD AWAITS

SATURDAY 21 OCTOBER 2017

## OPEN DAY USW SPORT

FIND OUT  
ABOUT OUR  
FANTASTIC  
**NEW  
FACILITIES**

Your programme for the day is inside.  
If you're interested in a different subject,  
call us on: 03455 76 77 78

#loveUSW  
[southwales.ac.uk/opendays](http://southwales.ac.uk/opendays)

University of  
South Wales  
Prifysgol  
De Cymru

# YOUR JOURNEY STARTS HERE...

Where and what to study? It's a big decision and Open Days are a key part of getting it right.

At our Open Day, you can discover all that awaits you at the University of South Wales. You can explore the campus, see where you'll live and speak to tutors and students – giving you a real feel for what it's like to be a student here.

This programme gives you a plan of what's happening on the day and essential information, including directions and when to arrive.

The rest is up to you. Be sure to make the most of your day here – ask lots of questions, try things out, take a good look around and make yourself at home.

We hope you find everything you need in this programme, but if you've got any questions, just get in touch. We're looking forward to seeing you!

## IMPORTANT INFORMATION

### Travel information

Whether you're travelling by car or rail, our Treforest Campus is easy to get to. Full travel information can be found on our website: [www.southwales.ac.uk/visiting](http://www.southwales.ac.uk/visiting). If you're travelling by train please alight at Treforest train station. If you're using a satnav, the postcode for the Campus is CF37 1DL. All locations are within easy walking distance of each other on the Treforest Campus. Depending on your chosen area of study, you will also visit USW Sport Park and our Glyntaff Campus as part of your day. A shuttle bus is provided for each of these short journeys.

### Registration

When you get here, head to the Brecon Building (map ref. 3) to register. Registration takes place between 9.15am-9.30am for all sport courses. To avoid queues at registration, don't forget to bring the letter we sent you with your QR code.

## YOUR DAY AT A GLANCE

Time	Activity		
9.15am	Registration (Brecon Building, Treforest Campus)		
9.30am	Welcome talk (Brecon Building, Treforest Campus)		
9.50am	Journey to USW Sport Park		
10.15am	Sports Coaching and Development	Sport and Exercise Science / Strength and Conditioning	USW Sport Park tours
11.15am	Rugby Coaching and Performance	Football Coaching and Performance	
12.30pm	Return journey to Treforest Campus*		
12.45pm	Optional accommodation and campus tours		
1.15pm	Finance and Accommodation talk (Brecon Building, Treforest Campus)		
2.15pm	Student Life talk (Students' Union)		

\*On your return journey from USW Sport Park you can choose to visit Sport Science facilities at Glyntaff Campus, or go directly to Treforest Campus to join some of our essential talks and tours (listed opposite).



## ESSENTIAL TALKS

### Student Life

In this session, our students share their experiences of life at the University of South Wales, so you know what it's really like to study here – they'll answer any questions you have too. This session takes place in the Students' Union (map ref. 14) at 2.15pm.

### Student Finance

Get a practical insight into financial support, such as student loans and grants, how and when to apply for funding, and extra sources of income.

### Accommodation

Find out all you need to know about accommodation options at the University of South Wales. Where you live is just as important as what you learn, and we want this to be your home from home.

Our talks on Finance and Accommodation are delivered together in the Brecon Building (map ref. 3) at 1.15pm.

### MEET OUR STUDENTS



## SUBJECT TALKS

### Sports Coaching and Development

This course can prepare you for a number of career pathways – sports coaching, physical education, teaching or sports development to name just a few. At this talk, you can hear about what you'll learn on the course and what a future in the sports industry could hold for you.

### Sport and Exercise Science | Strength and Conditioning

Do you want a career as a sport scientist, working with elite athletes to achieve peak performance or using your expertise to develop their speed, power and agility as a conditioning coach? Find out how our courses can help you achieve your goals to become a strength and conditioning coach or exercise scientist.

### Rugby Coaching and Performance

The world of rugby offers many opportunities – and you could be part of it. As well as what you'll study on this degree, you can discover the variety of careers available when you graduate, such as a rugby development officer, community rugby coach or schools rugby officer. Many of our graduates work for professional clubs as conditioning coaches or performance analysts – come and find out how our course supports this type of career.

### Football Coaching and Performance

Our football courses are part of an exclusive partnership with the Welsh Football Trust, and our USW Football First team are current national BUCS Champions. Our students rub shoulders with top professional clubs and international teams, all while developing a coaching profile and working towards UEFA coaching licenses, which are embedded in our course. If you want to join them, come to this talk to find out how.

## TAKE A LOOK AROUND

Get a feel for what it's like to be a student here and take the time to explore. Campus and accommodation tours leave from the Students' Union (map ref. 14) throughout the day, and take around 30 minutes.

### Campus tour

Our friendly student ambassadors will take you on a tour of the Treforest Campus. This is your chance to see all of our facilities and ask questions about day-to-day university life.

### Accommodation tour

Take a look at our accommodation and find out about life in Halls of Residence from a student point of view.

### USW Sport Park tour

Get a guided tour of our purpose-built multi-sports facility to see our impressive range of indoor and outdoor facilities. Tours are available between 10.30am and 12.30pm.

## NEW FACILITIES

Opening in December 2017 you will benefit from brand-new facilities, including:

- A specialist centre for strength and conditioning
- 12 lifting platforms
- Full-sized indoor 3G pitch – the only one in Wales!
- Increased facilities for notational analysis
- Brand-new classrooms

Find out more at the Open Day.

## ASK QUESTIONS

You've probably got lots of questions about becoming a student at the University of South Wales. Luckily, there will be people at the Open Day who can answer them.

Between 10am and 2.30pm in the Brecon Building (map ref. 3) you can find our experts in careers, student finance and admissions. You can also book an appointment to discuss your needs with Disability and Dyslexia Support. Call 01443 482 080 or e-mail [ddsadviser@southwales.ac.uk](mailto:ddsadviser@southwales.ac.uk) before your visit.

## SNAP.TWEET AND SHARE

Keep up with what's happening at the Open Day – follow us on:

Twitter: @unisouthwales  
Facebook: UniversityofSouthWales  
Instagram: unisouthwales

