



Zone Food Court

Monday	Tuesday	Wednesday	Thursday	Friday
Biryani Theme	Roast Theme	Jollof Roast Theme	Greek Theme	Fish Bar Theme
Chicken Biryani Vegetable Biryani Served with Curry Sauce, Mint Raita and Flatbread	Slow-Braised Gammon Ham, Glazed with English Mustard and Caramelised Sugar Glamorgan Sausages Served with Creamy Parsley Sauce Roast Potatoes and Vegetables	Roasted-Spiced Quarter Chicken or Jollof Fable Skewer Served with Jollof Rice, Sweet Potato Chips and Chilli Tomato Sauce	Marinated Chicken Breast Strips or Marinated 'Eat Curious' and Greek Salad Served on a Warmed Flat Bread, Topped with a Mint Yogurt dressing & Skinny Fries	Fish Goujons Served with Chips and Mushy Peas Chip Shop Curry Sauce Gravy
Burger Theme	Wrap Theme	Italian Theme	Indian Curry Theme	Noodle and Rice Bowl Theme
Beef Burger, Southern Fried Chicken Breast Quorn quarter pounder (Vegan) Served in a Vegan Bun with Cheese, Lettuce, Tomato, Gherkin, Onion Rings Fries and your choice of Dip	A Choice of Two flavours of Marinated Chicken or Roasted Vegetables with Beetroot Falafel All Served in a Tortilla Wrap with Mixed Salad, Chips, Onion Rings and Sauce.	Homemade Beef Lasagne Vegetable Lasagne Served with Garlic Bread, Chips and Green Salad	Homemade Chef's Chicken or Vegetarian Curry of the Day Vegetable Dahl Served with Pilau Rice, Poppadums, Raita, Mango Chutney Extras: Onion Bhajis, Vegetable Samosas, Naan Bread	Choose your base Add your topping Add your sauce